

APNC

Addiction Professionals of North Carolina
the NC Association of Addiction and Prevention Professionals
An Affiliate NAADAC, the Association for Addiction Professionals



Addiction Professionals of North Carolina (APNC)
and
North Carolina Substance Abuse Prevention Providers Association (NCSAPPA)

invites

All NC Substance Abuse Prevention Professionals

to attend the APNC 2011 Fall Conference
in beautiful Carolina Beach, October 19-21, 2011

If you are not already a member of APNC, your registration fee will also include a complimentary associate membership* in APNC/NAADAC for those working toward certification, or a payment of \$99 toward the \$120 full APNC/NAADAC membership for those who are already certified by the NC Substance Abuse Professional Practice Board.

(This offer does not include membership renewals.)

To use this special invitation and rate, NCSAPPA members please use the conference registration form included with this invitation. Please note that the registration deadline for this offer is September 30, 2011,

APNC/NAADAC membership information will be emailed to those who want to take advantage of our complementary membership offer.

Note the September 19 hotel deadline to be eligible for the conference rate there.

*NAADAC limits associate membership to "individuals who are working towards qualification, licensure or certification in the addictions field." See membership application for details. APNC will contribute the equivalent amount (\$99) if you are already prevention certified and wish to join as a full member. We will contact you with details if you indicate your interest the conference registration.

Addiction Professionals of North Carolina

The NC Association of Addiction and Prevention Professionals

**2011 Fall Conference
October 19-21, 2011
Marriott Courtyard
Carolina Beach, NC**



Conference Schedule

Wednesday, October 19, 2011

- 8:15-9:15 Registration
- 8:45-9:00 Opening - Wrenn Rivenbark
- 9:00-11:45 *Plenary Session*
Regenerating Chemically Dependent Families
William L. Mock, PhD, LISW, CCDCIII
- 12:00-1:30 **APNC Membership Meeting and Lunch**
Flo Stein, Community Policy Management Chief
All conference attendees are invited
- 1:45-5:00 Concurrent Sessions (with mid-session break)
- A. **Promoting Healthy Intimate Relationships in Recovery**
William L. Mock, PhD, LISW, CCDCIII
- B. **Services to Veterans**
Tracy Klucina, LCAS, CCS
- C. **The Drug Culture: How did we get here and how can we avoid it in the future?**
Joyce Nalepka Drug-Free Kids: America's Challenge

Wednesday Dinner on your own

- 8:00-9:00 **Open 12-Step Meeting**
Speaker TBA

Thursday, October 20, 2011

- 8:00 Registration
- 8:30-11:45 Concurrent Sessions (with mid-session break)
- D. **Understanding and Developing Emotional Management Skills**
William L. Mock, PhD, LISW, CCDCIII
- E. **Traumatic Brain Injury and SA**
Rose Griffin
- F. **Developing a Workplace Wellness Plan**
Deeanna Hale-Holland, MA, CSAPC
- 12:00-1:30 **Awards Luncheon**
Speaker TBA
- 1:45-5:00 Concurrent Sessions (with mid-session break)
- G. **The Sizes and Shapes of Anger**
William L. Mock, PhD, LISW, CCDCIII
- H. **Disclosure Issues For HIV Infected Persons In Recovery**
Kathy Norins, MEd
- I. **NCSAPPA Annual Meeting: An In-Depth Look at the National Prevention Plan**
Cindy Murphy MPH, CSAPC
Travis. Peterson MPH, CSAPC

Thursday Dinner on your own

Friday, October 21, 2011

- 8:15 Announcements/Housekeeping
- 8:30-10:00 Breakout Sessions
- J. **Medication Assisted Therapy**
Kenny House, LCAS, CCS
- K. **The Next Step Nicotine Dependency and Smoking Cessation**
Kathy Norins, MEd
- L. **Military and Veterans Re-Integration**
John Harris, MSW, QMHP, Veteran and Janice White, MEd, SLP, CBIS
- 10:15-11:45 Plenary Session
Issues Surrounding Medical Marijuana
Allyn Howlett, PhD, and Jenny Wiley, PhD
- 11:45-12:00 Closing/Door Prizes

APNC 2011 Fall Conference

Course Descriptions

Plenary Session

Regenerating Chemically Dependent Families

William L. Mock, PhD, LISW, CCDCIII

Active chemical dependency represents an ongoing change process for the family. The family makes slow, incremental, adaptive changes over time in response to the steady progression of the disease. The solution often becomes worse than the problem. Time tested and accepted family techniques in the right measure and right order, reverse this toxic process. Participants will know the core regeneration networking principle, and be able to identify four techniques for using this technology with addiction families.

Promoting Healthy Intimate Relationships in Recovery

William L. Mock, PhD, LISW, CCDCII

Addiction batters relationships. Individuals lose practice in skillful relating and genuine emotional intimacy. Many relationships survive the addiction only to falter during recovery. This workshop reviews the current research on what characteristics make for successful relationships. The course will examine how these characteristics create and enrich ongoing growth between couples. Various exercises are examined as means for promoting growth and participants will leave with at least five approaches they can use with their clients.

Services to Veterans

Tracy Klucina, LCAS, CCS

This session will teach you what can you do as a clinician to be part of System Changes for those that have protected our country and are now suffering from the "Invisible Wounds of War"? The session will review the background of the veteran population past and present. Attendees will have an understanding of issues affecting veterans returning from war and why it is so difficult for them to seek assistance. Information will be provided on how to identify these veterans and how to take action to become more informed.

The Drug Culture: How did we get here and how can we avoid it in the future?

Joyce Nalepka, President, Drug-Free Kids: America's Challenge
We first noticed marijuana being used by a few college students. Then, it crept down into late high school years and un-chaperoned parties. It was a very long time before parents caught on to what they first saw as frequent viral type infections, bangs and scratches on family vehicles and suddenly, it was everywhere. If marijuana use had remained in college with most young people living in dorms, likely it wouldn't have spread nearly as quickly. Fortunately, parents took appropriate action and the revolution was launched. This session will suggest ways it could be prevented from happening again by re-establishing a parent movement, including better surveillance of dorms and guiding schools and universities toward a renewed respect for education.

Open 12-Step Meeting

Speaker TBA

Both 12-Step participants and those who are not members of the fellowship can experience a typical 12-Step Speaker meeting

Understanding and Developing Emotional Management Skills

William L. Mock, Ph.D., LISW, CCDCIII

Our work with people is often emotionally charged and volatile. The ability to effectively deal with these feelings in self and others is vital to our work. This workshop is for individuals who want to improve their understanding of the emotional components of self and acquire methods for dealing more effectively with feelings. Participants will know a number of feelings-related concepts and demonstrate at least three techniques for emotional management. Special emphasis will be placed on cognitive behavioral strategies for change.

Introduction to Traumatic Brain Injury (TBI) for Substance Abuse Providers

Rose Griffin

This session will assist the participant with gaining a better understanding of the connection between SA/MH and TBI. It will cover the causes and consequences of TBI as well as address the modifications necessary when treating the consumer with TBI. We will look at incorporating compensatory techniques and treatment modalities to better serve the individual with the TBI/SUD co-occurring disorder.

Developing a Workplace Wellness Plan

Deeanna Hale-Holland, MA, CSAPC

Explore elements of workplace wellness polices and evidence based Wellness Models. Case studies on the implementation and effectiveness of wellness programs; developing, marketing and funding a healthy culture at work.

The Sizes and Shapes of Anger

William L. Mock, PhD, LISW, CCDCII

This workshop deals with the emotion that many of our clients identify as the most dangerous or problematic for them. Emphasis will be on acquiring a useful understanding of anger in all its variations and permutations. Participants will leave the workshop with an understanding of anger as a valuable resource and strategies for using it to enhance their life and the lives of their clients.

Disclosure Issues For HIV Infected Persons In Recovery

Kathy Norins, MEd

This workshop will explore the emotional issues and the impact on recovery common for persons infected with HIV. The response from family members, following disclosure, can have a dramatic influence on the whole family which highly affects recovery. Issues of confidentiality and legal requirements will also be discussed.

NCSAPPA Annual Meeting:

An In-Depth Look at the National Prevention Plan

Cindy Murphy MPH, CSAPC Travis. Peterson MPH, CSAPC

This year's NC Substance Abuse Prevention Providers Association's annual meeting will include Association updates, committee presentations, and provider recognition. Part two of the session will include a review of the recently released National Prevention Council's National Prevention Plan (2011). Additional strategic planning documents such as the NC Institute of Medicine's Prevention for the Health of NC (2010) and the Department of Health and Human Service's Healthy People 2020 goals will also be cross-referenced. Join NCSAPPA to discuss the state of prevention in North Carolina and what professionals can do to apply best-practices in our own communities. NCSAPPA Members and non-members welcome!

Medication Assisted Therapy

Kenny House, LCAS, CCS

This session will be interactive and address key aspects of Medication Assisted Treatments – what the research tells us, and best practice models. Concepts of addiction and recovery will be explored, and their relationship to the utilization of medications in treatment. New developments in the use of medications will also be discussed. Addiction Professionals with concerns about the use of medications in treatment will have the opportunity to address those concerns in an atmosphere of constructive and solution-focused dialogue.

The Next Step: Nicotine Dependency and Smoking Cessation

Kathy Norins, MEd

This session will provide a brief analysis of the effects of nicotine on the brain and how this relates to recovery from alcohol and other drugs. Tools for aiding clients to confront the use of tobacco will be included.

Military and Veterans Re-Integration

John Harris, MSW, QMHP, Veteran and Janice White, MEd, SLP, CBIS

This presentation will provide strategies and techniques for re-integration of Military Veterans and their family members into their local communities. Topics include traumatic brain injury (TBI), substance abuse prevention, community services and behavioral health and how these services partner to reduce health disparities for Veterans.

Plenary Session

Issues Surrounding Medical Marijuana

Allyn Howlett, PhD, and Jenny Wiley, PhD

This plenary session will focus on NIDA-supported research and FDA-approved pharmaceutical drug design which has been hijacked by unsanctioned entrepreneurs. There continues to be issues surrounding "smoking weed" which delivers phenolic compounds in smoke and has not passed safety and manufacturing requirements, precluding it from being submitted for FDA approval as a drug. These new chemical compounds developed for research purposes as potential "future drugs" have not been fully investigated and the implications of this practice will be discussed

Conference Location

All rooms at the Courtyard Carolina Beach by Marriott are ocean front with private balconies and are equipped with mini-refrigerators and high-speed internet access. The hotel has both an indoor and outdoor swimming pool, whirlpool and exercise room, a full service restaurant, complimentary parking, and is located directly on the beach adjacent to the Carolina Beach Board Walk and Business District. Many restaurants and shops are also within walking distance. It is a ten minute drive from Ft. Fisher Civil War Museum and Park, NC Aquarium, Southport Ferry, Carolina Beach State Park and a half hour drive from Wilmington Historic District, Riverfront Walk, Cotton Exchange, Chandler's Wharf, Battleship North Carolina.

If you are connected to the internet you can go directly to the Marriott Reservation Desk by clicking on or copying this link:

<http://www.marriott.com/hotels/travel/ILMCB?groupCode=APNAPNA&app=resvlink&fromDate=10/18/11&toDate=10/21/11>

Conference Fees

Hotel Reservations should be made directly with the Carolina Beach Marriott Courtyard
Hotel Conference rates apply until September 19
910-458-2030
Mention APNC to get our conference rates

Full Conference Registration, October 19-21, 2011

Full Conference registration includes
Wednesday and Thursday lunches and all breaks
Dinner on your own
Total registration limited to 150 participants

Early Bird Registration Fee applies
only if registration is received by September 30, 2011
and payment is received by September 30*

___ \$160.00 APNC Member ___ \$220.00 Non-Member

If you join APNC before the conference begins,
you can attend at member-rate.
Phone us for information.

Membership applications available at www.APNC.org

Conference Registration Fee after September 30, 2011
___ \$185.00 APNC Member ___ \$245.00 Non-Member

Single Day Registration

Wednesday, October 19 (includes lunch)

By September 30
___ \$ 100.00 APNC Member ___ \$120.00 Non-Member
After September 30
___ \$ 125.00 APNC Member ___ \$145.00 Non-Member

Thursday, October 20 (includes lunch)

By September 30
___ \$ 100.00 APNC Member ___ \$120.00 Non-Member
After September 30
___ \$ 125.00 APNC Member ___ \$145.00 Non-Member

Friday, October 21

By September 30
___ \$ 50.00 APNC Member ___ \$75.00 Non-Member
After September 30
___ \$ 75.00 APNC Member ___ \$100.00 Non-Member

Who Should Attend?

Addiction Professionals of North Carolina is a statewide organization dedicated to helping the individual, family and community understand, prevent, and treat the disease of addiction. Our educational conferences, held each year in the fall and spring, are designed for Counselors, Prevention Specialists, DWI Assessors, Psychologists, Therapists, EAP consultants, Social Workers, Educators, Students, and others interested in the field.

Registration Information

Please register early! Conference participation will be limited.

Full refund (less 20% service charge) is made for cancellations made by 5 PM October 15. NO REFUNDS will be made thereafter, but a substitute may attend. To decrease the number of late registrants who do not cancel, payment (or employer purchase order) is due at time of registration. We regret we cannot accommodate new registrations during the conference.

Lodging Information

Room reservations may be made directly with the Courtyard Carolina Beach at the special conference rate of \$99+tax/night for a standard room (2 queens or one king). Tax at press time is 13%. *All rooms are ocean front. The deadline for conference rate room reservations is September 19, 2010.* The reservation number is 1-910-458-2030. Please mention the APNC Conference.

Continuing Education Credits

We have applied to *NC Substance Abuse Professional Practices Board (NCSAPPB)* for up to 18.25 hours of substance abuse specific credit for the three days. Individual credit will be awarded for each session attended, and you will receive a certificate of participation.

Please note that for this conference we have not applied for CEUs or for credit by any accrediting entity other than NCSAPPB.

Details about our 2012 Spring Conference will be available at www.apnc.org as soon as they are finalized



If you are viewing this on a .pdf form, it can be filled out electronically and emailed to us,
Click on the typewriter icon in above, and place your insertion point.
Registration IS NOT FINAL until we receive payment OR delayed payment arrangements are made.
ALL DEADLINES APPLY.

Fall 2011 APNC CONFERENCE REGISTRATION For members of the NCSAPPA



Register early, the conference is limited to 150 participants
APNC office will be closed September 5-9

Print Name _____

I am currently a member of NCSAPPA I am currently a member of APNC

I would like to take advantage of the APNC membership offer to prevention providers

I am currently certified/licensed by the NC SA Prof. Practice Board
 I am working toward certification by the NCSAPPB
(Actual enrollment information will be emailed to you)

Name preferred on name badge _____

Agency _____

Address _____

City _____ State _____ Zip _____

Work Phone (____) _____

Home Phone (____) _____

E-Mail _____

I am registering for the entire conference at the \$160.00 PPA early bird member rate

I am registering for one day only (indicate date) _____

Total Payment enclosed \$ _____

Total Payment to be mailed by employer* \$ _____

*We will honor early bird rates even if additional time is needed by your employer to process a check.
We must, however, receive this form or speak with you in person by no later than September 30 to honor the early bird discount.
Please send your registration form promptly, even if the check will be sent later.

We regret we cannot accept credit cards

Because of poor resolution, we prefer you NOT fax the form. (Phone us and we'll take down the information)

For planning purposes, please indicate which training track you prefer to attend each day.
See brochure for times and descriptions.

October 19 PM
choose one

- A Healthy Intimate Relationships in Recovery
- B Services to Veterans
- C The Drug Culture

October 20 AM
choose one

- D Emotional Management Skills
- E Traumatic Brain Injury and Substance Abuse
- F Self-Care

October 20 PM
choose one

- G Sizes and Shapes of Anger
- H HIV Issues
- I NCAPPA meeting

October 21 AM
choose one

- J Medication Assisted Therapy
- K Smoking Cessation
- L Mil/Veterans Re-Integration

Mail or email this registration form and send payment to:

APNC Conference
PO Box 71814
Durham, NC 27722
800-723-4851 APNC@Juno.com